

January Lunch & Snack Menu

Mon	Tues	Wed	Thurs	Fri
2 NO SCHOOL	3 AM: Trail Mix PM: Sunbutter Quesadillas Lunch: Cheesy Polenta, mixed veggies, apples	4 AM: Crispy Cheerio Treats PM: Cheese Quesadillas Lunch: Mac and Cheese, peas, bananas	5 AM: Bananas (with trail mix) PM: Craisins, walnuts, and raisins Lunch: Turkey Chili, vegetable medley, oranges	6 AM: Granola PM: Cream Cheese Quesadillas Lunch: Two-cheese pizza, cucumbers, strawberries
9 AM: Sunbutter Quesadillas PM: Cucumbers with yogurt-ranch dip Lunch: Grilled cheese sandwich, broccoli, apples	10 AM: Trail Mix PM: Sunbutter Cheerios Lunch: Chicken Stir Fry, honeydew	11 AM: Sunbutter Sandwich PM: Cheese quesadillas Lunch: Scrambled eggs, veggie medley, bananas	12 AM: Bananas (with trail mix) PM: Walnuts, craisins, and raisins Lunch: Whole wheat turkey penne, peas, apples	13 AM: Granola PM: Sunbutter quesadillas Lunch: Two-cheese pizza, coleslaw, strawberries
16 MARTIN LUTHER KING HOLIDAY NO SCHOOL	17 AM: Trail Mix PM: Cheese Quesadillas Lunch: Catfish, vegetable medley, cantaloupe	18 AM: Sunbutter quesadillas PM: Craisins, walnuts, and raisins Lunch: Tomato and Brown Rice Risotto, bananas, carrots	19 AM: Bananas (with trail mix) PM: Cheese quesadillas Lunch: Turkey Cottage Pie, apples	20 AM: Granola PM: Crispy Cheerio Treats Lunch: Two-cheese pizza, cucumbers, strawberries
23 AM: Sunbutter Cheerios PM: Cream Cheese Quesadillas Lunch: Mac and Cheese, oranges, peas	24 AM: Trail Mix PM: Sunbutter Sandwich Lunch: Turkey chili, carrots, apples	25 AM: Rice Crispy Treats PM: Cheese Quesadillas Lunch: Grilled Cheese Sandwich, bananas, broccoli	26 AM: Bananas (with trail mix) PM: Craisins, walnuts, and raisins Lunch: Thai Chicken Stir Fry, oranges	27 AM: Granola PM: Cream Cheese Quesadillas Lunch: Two-cheese Pizza, coleslaw, strawberries
30 AM: Sunbutter Sandwich PM: Craisins, walnuts, and raisins Lunch: Cheesy Polenta, apples, carrots	31 AM: Trail Mix PM: Cheese Quesadillas Lunch: Turkey Cottage Pie, honeydew			